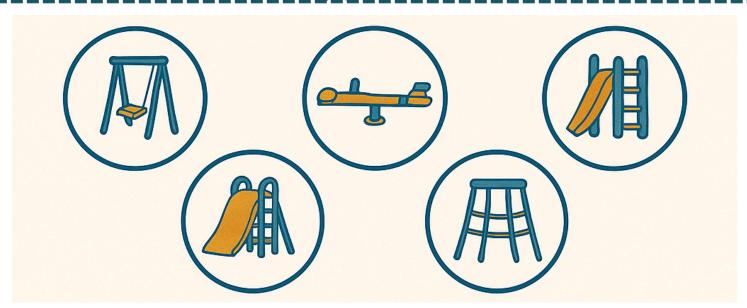
Earning my way to the playground



When all five tokens are earned...
it's playground time!



## How to Use the Playground Token Board

This token board is designed to support children in building routines and motivation around tasks that lead to a playground visit.

## Here's how to use it:

Choose 5 small goals or tasks for your child to work on.

## **Examples:**

- Getting dressed
- Brushing teeth
- Staying safe on an outing
- Using kind words
- Asking for help

Each time your child completes a task, they earn a playground token

(e.g., a swing, slide, climber, etc.)

They can be:

- Taped on
- Attached with Velcro
- · Laminated and reused

Once all tokens are earned, it's time for the reward — a trip to the playground!

Tip:

Print the board on cardstock or laminate for durability. Store the tokens in a small envelope or reusable baggie.

From one real-life parent to another

## Reminder: Every brave moment counts — and every effort is a Little Win.

Visual routines & real-life tools for families who thrive with structure.